

Geriatric

FOUNDATIONS

An e-Learning program that provides healthcare professionals with the foundations to geriatric care. Experts in the field teach the skills and knowledge needed to care for older adults.



UNLOCKING EXCELLENCE IN GERIATRIC CARE

Developed by Regional Geriatric Program Central

Accredited by McMaster University



E-LEARNING AT
YOUR OWN
PACE!



HEALTH SCIENCES
Continuing Professional
Development



geriatricfoundations.com



About Geriatric Foundations

Geriatric Foundations was designed to provide healthcare professionals with a comprehensive review of geriatric assessment and care. The program helps students understand the unique needs of older adults, and equip them with the knowledge and skills needed to provide high-quality care to this population.

As an e-Learning program, Geriatric Foundations is available online and may be completed at the learner's own pace. Learners receive a certificate of completion upon finishing the program.

Geriatric Foundations is accredited by McMaster University ensuring that course content meets the highest standards of education. The program was led by a committee of interprofessional healthcare experts in geriatrics and launched in April 2023.

Learning Content

The e-Learning modules have been developed by physicians from the Division of Geriatric Medicine at McMaster University as well as other nursing and allied health professionals with expertise in specialized geriatric services.

Module topics cover key components of geriatric assessment and care.

Regular updates to the content ensures learning is always up-to-date and evidence based.

Program Modules

- **Comprehensive Geriatric Assessment**
- **Dementia**
- **Delirium**
- **Management of Responsive Behaviours**
- **Mood Disorders**
- **Aging**
- **Palliative Care**
- **Frailty**
- **Mobility, Falls & Osteoporosis**
- **Polypharmacy & Deprescribing**
- **Urinary Incontinence**
- **Nutrition**
- **Elder Abuse**
- **Avoiding Healthcare Burnout**
- **Cultural Perspectives**

Learn from Geriatric Experts



Dr. Sabina Keen
BSc, MD, FRCP



Dr. Mireille Norris
MD, MHSc, FRCPC



Dr. Samuel Thrall
MDCM, FRCPC



Anna Taneburgo
BSW, MEd, RSW



Dr. Mimi Wang
BSc, MD, FRCPC



Dr. Tricia Woo
MD, MSc, FRCPC



Dr. Justin Lee
BScPHM, ACPR, MD,
FRCPC, PhD (c)



Dr. Erin Hanley
FRCPC



Leslie Hirst
RN, BScN, MNNP, MSc



Dr. Courtney Kennedy
BSc, MSc (OT), PhD



Dr. Melissa Northwood
RN, BScN, MSc, PhD



Dr. Micheline Gagnon
MD, MEd, FRCPC, FACP



Dr. Christopher Patterson
MD, FRCPC, FACP, FRCP



Dr. Heather McLeod
MD, MED, FRCPC



Dr. Heather Keller
RD, PhD

Learning Designed for

Those who are new to geriatrics and those who would like a review in geriatric concepts:

- Physician Assistants
- Nurses
- Occupational Therapists
- Physiotherapists
- Social Workers
- Social Service Workers
- Recreational Therapists
- Personal Support Workers
- Community Paramedics
- Healthcare Students

Structure

- E-Learning platform
- 6hrs of learning
- Asynchronous (self-paced)
- 12 online modules
- Built in knowledge checks
- Elective modules to tailor learning

Learning Objectives

At the conclusion of the course learners are able to:

- Discuss the foundations of assessment and management of common geriatric syndromes
- Analyze the unique needs of older adults, including those with complex health problems
- Apply the principles of geriatric care to their work with older adults

Registration Fee

- \$125 CAD for individual learners
- \$75 CAD group rate (10+ learners)



Our Contact



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